

This calendar is designed to help you and your family do fun activities this summer!

Each day will have a fun activity, just scan the QR code at the bottom of the calendar to see the directions

Shannon Argot
Occupational Therapist
~Supporting Success
Through Movement, Play &
Independence~

Activities in your

COMMUNITY

Summer reading program





Museum free days or

Museum pass with Denver Public Library







Denver Rec Center or

Adaptive Recreation



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OTHER RESOURCES

1

Summer Packets: Find work your child can do to maintain what they learned this year



No printer? Try
Writing the activities
on a sheet of paper!

Feel free to go
up or down a grade
to meet your child's
needs!



200 hours outside Spend 200 hours outside this summer!





Work on independence

Tips for toilet training, dressing, chores and more!





Tips to decrease screen time



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Independence~



JUNE 625

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Summer bucket list	Chalk paint Mix chalk and water to make paint2	Make bracelets	Make an obstacle course	Fruit Kabobs
1	2	3	4	5	6	7
	Water Relay Race	Memory game	Shaving cream writing	Snip or cut with scissors	Animal Yoga	Clean up toys
8	9	10	11	12	13	14
	Nature scavenger hunt	How to draw	Paint Rocks	Pop Bubble wrap	Catch, baseball or kickball	Sort silverware
15	16	17	18	19	20	21
	Go for a bike ride or use a scooter	Do a puzzle	Kool-Aid Play-Doh	Open Sesame	Save the toys!	Sweep or vacumm
22	23	24	25	26	27	28
Shannon Occupational ~Supporting	Therapist 30		Scan	me for direc	tions	
Through Mover						34 M-2

JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Stretch out	DIY dot markers	3 Clothes pin pinning	4 Hop scotch, 4 square	5 Ice Cream Sandwich
6	7 Try a new park and/or splash pad	8 Simon Says	9 Frozen in time	10 Play-doh creations	11 Balloon tennis	12 Clean up toys
13	14 Water Balloon Target practice	Tooth pick pick up	Weighted sock buddy	17 Dot to dot	18 Make a fort	19 Sort silverware
20	21 i Spy	22 Sticker Art	DIY bubbles	24 Paper creation	25 Animal races Scan me	26 Sweep or vacumm for direction
27 von Argot	28 Sensory Walk	29 Rainbow scavenger hunt	30 Toy wash station	31 Sidewalk obstacle course	Dean life	

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Independence~

Occupational Therapist

AUGUST 2025



					Wheel barrow walks and/or blanket rides	Sort silverware
					1	2
	Tweezer sorting	Stack it up	Jello Jail	Fish yarn warp	Snowball fight	Sweep or vacumm
3	4	5	6	7	8	9
	Hide and seek or Capture the Flag	Don't let it fall!	Q-tip art	Write about or draw your favorite activity this summer	Paper clip jelly fish or paper man	Pack Backpack School snacks
10	11	12	13	14	15	16
Walk, ride your bike or scooter to get ice						
cream, so long summer!	18	19	2	Scan me for	directions	23
211	OF		27			Shannon Argot Occupational Therapist ~Supporting Success Through Movement, Play &
24	25	26	27		29	Independence~